

**2018**  
**Envisioning Youth Empowerment Retreat**  
**Course Catalog**

**Introduction (Convocation)**

Please attend the EYE Retreat Welcome and Overview with formal introductions from Barbria Bacon (Governor Morehead School Superintendent), Dr. Alan Chase (EYE Retreat President and Director), and Nicholas Corbett (EYE Retreat Vice President and Assistant Director) on Saturday, July 14 at 1:00 PM.

**Key Events and Responsibilities**

- 29 Courses
- Nightly Optional Activities
- North Carolina State University Exploration
- Mock Class Final Exam
- Group Photo!
- Off Campus Adventure and Restaurant of Choice
- Board of Directors Meeting (attendance highly recommended)

**Arrival and Departure Information**

- Staff members should arrive by 7:00pm on Friday, July 13.
- Participants should arrive by 12:00pm on Saturday, July 14.
- The deadline for EYE Retreat checkout is Saturday, July 21 at 4:00 PM.
- Participants checkout with assigned Mentors.
- Staff members checkout with Assistant Director.

## **Specifications**

Note that advanced notification to Dr. Alan Chase is required for:

- Attendance at lunch on Friday, July 13.
- Arrival on Friday, July 13 (participants, staff and parents/family members)
- Staying on the GMS campus the night of Saturday, July 21 (staff and participants)

## **Key Rules**

- Breakfast is served each morning promptly at 7:30am.
- Dorm visitation ends promptly at 10:00pm. You must be in your assigned dorm building by 10:00pm.
- Quiet hours are enforced from 11:00pm to 7:00am each night. Those being noisy may be required to stay in their dorm room after 11:00pm.
- Staff Meetings are MANDATORY and they are held daily at 8:00am.
- Leaving the NCSU campus during lunch and exploration on is prohibited.
- Individuals are assigned to 1 of 3 groups (Travel Group Assignments) for two off campus trips.
- PEEK Assessments, Program Evaluations, and Staff Evaluations are due by 10:00am on Friday, July 20.
- For the Off Campus Adventure and Dinner of Choice off campus on Friday, July 20:
  - Come to the EYE Retreat with small amounts of money for personal activity and dinner expenses.
  - Organize groups with no less than a 1:2 staff member/participant ratio.
  - Report activity and dinner plans to Director and Assistant Director by 10:00pm on Thursday, July 19.
  - Return to assigned dorms by 10:00pm.

**Travel Group Assignments**

Group Assignments	Group A	Group B	Group C	Group D
Transportation	Go Raleigh Bus Number 11	Go Raleigh Bus Number 4	Go Triangle Bus Number 100	Go Triangle Bus Number 100
Morning Travel Assignment	9:15 AM or 10:15 AM	9:30 AM or 10:30 AM	9:10 AM or 10:10 AM	9:10 AM or 10:10 AM
Afternoon Travel Assignment	1:40 PM or 2:40 PM	2:13 PM or 3:13 PM	2:00 PM or 3:00 PM	2:00 PM or 3:00 PM

### Courses and Instructors/Discussion Leaders

Course EYE Number	Course Title	Instructor(s)/Discussion Leader(s)
EYE 101A	Maintaining a Healthy Lifestyle	Cassidy Hopper
EYE 101B	Interacting with the Public as a Person with Visual Impairment	Ashley Coleman
EYE 102A	Tips for Independent Living	Houston Cook
EYE 102B	Life On Campus	Amber Bass
EYE 103A	Tips for Success When Applying to College	Haley Valente
EYE 103B	Rehabilitation/Training Centers: A Key to Learning Effective Blindness Skills	Jeanette Torres
EYE 104A	Applications In Independence	Valari Rios
EYE 104B	Making an Informed Choice on a Mobility Aid	Ashley Coleman
EYE 105A	Financial Aid Snapshot	Candy Stanley
EYE 105B	Braille In College?	Mary Goodin
EYE 106A	STEM and Accessibility	Mausam Mehta
EYE 106B	Academics and Writing	Mary Goodin
EYE 107A	Exploring Your Options at a Community College	Mary Goodin
EYE 107B	Personal Safety on Campus	Cassidy Hooper
EYE 108A	Using Vocational Rehabilitation Services to Gain Work Experience	Houston Cook
EYE 108B	Interview Like a S.T.A.R.	Catherine Newman
EYE 109A	Sports and Recreation	Cassidy Hooper
EYE 109B	Orientation and Mobility	Rod Poole
EYE 200	Disability Services	NCSU Staff
EYE 201	Assistive Technology	NCSU Staff
EYE 202	Interacting with Your Professor	NCSU Faculty
EYE 300	Post Secondary Class Simulation	Dr. Alan Chase
EYE 400	Off Campus Adventure and Dinner of Choice	All Staff and Participants
EYE 401	Social Skills	Candy Stanley
EYE 402	Healthy Relationships	Valari Rios
EYE 403	Balancing School, Work and Life	Mausam Mehta
EYE 404	Banking 101	Candy Stanley
EYE 501	What job is best for you?	Candy Stanley

EYE 502	Job Exploration	Catherine Newman
EYE 503	Filling Out Applications	Catherine Newman
EYE 504	Writing Thank You Letters	Haley Valente
EYE 600	Interviewing Skills	Catherine Newman
EYE 601	Mock Interview	Catherine Newman
EYE 602	Job Shadowing	Catherine Newman

Course Descriptions and Numbering System:

- 100 level courses are taught by assigned mentors and are considered introductory courses.
- 200 level courses are taught by individuals with specific qualifications and skill sets in the area of instruction. In many instances, these individuals are not members of the EYE Retreat staff and are invited to teach a specific course as a visiting group leader.
- 300 level courses are taught by an individual with specific qualifications to teach college level courses in a particular content area. These courses are designed to simulate a college course.
- 400 level courses are independent study courses or transitional courses designed to provide participants with an opportunity to practice the skills they have learned from all previous coursework or learn skills necessary for post-graduation success.
- 500 level courses are intended to be post-graduation courses and focus on career development. These 500 level courses are considered introductory.
- 600 level courses are independent study courses and are designed to provide an opportunity for participants to practice career related skills in simulated or real world environments.

## Daily Class Schedule

Notes:										
<ol style="list-style-type: none"> <li>1. Breakfast is at 7:30 AM each morning.</li> <li>2. Staff meetings are at 8:00 AM each morning.</li> <li>3. All individuals (staff and participants) must be in their assigned dorm building by 10:00 PM. No exceptions.</li> <li>4. Dorm Quiet Hours are 11:00 PM to 7:00 AM nightly. Those in violation may be required to remain in their dorm room after 11:00 PM.</li> <li>5. Optional activities include approved off campus travel (see off campus travel policy), gym, dorm visitation (see visitation policy), homework, or other leisure activities as approved by the Director.</li> </ol>										
Friday, July 13	9:00 AM	11:30 AM- 12:15 PM	12:30 PM	5:00-5:45 PM	6:00-7:00 PM	7:15-9:45 PM	7:15-9:45 PM			
	EYE Retreat 2018 Begins!	Lunch (GMS Dining Hall)	Early Registratio n Opens	Dinner	Early Registratio n Closes	Staff Meeting and Team Building	Staff Meeting and Team Building			
Saturday, July 14	9:00 AM- 12:00 PM	12:00-12:45 PM	1:00-2:15 PM	2:30-3:30 PM	3:45-4:45 PM	5:00-5:45 PM	6:00-7:00 PM	7:00-10:00 PM		
	Participant Arrival, Registratio n & Dorm Orientation	Lunch (Crockett Peeler)	Welcome and Overview (Crockett Peeler)	EYE 101A or EYE 101B (Participant Choice)	EYE 102A, EYE 102B or EYE 401 (Participant Choice)	Dinner (Crockett Peeler)	Daily Checkout	Optional Activities		
Sunday, July 15	8:45-9:45 AM	10:00-11:00 AM	11:45-12:30 PM	12:45-1:45 PM	2:00-3:00 PM	3:15-4:45 PM	5:00-5:45 PM	6:00-7:00 PM	7:00-10:00 PM	
	EYE 103A, EYE 103B, or EYE 402 (Participant Choice)	EYE 104A, or EYE 104B (Participant Choice)	Lunch (Crockett Peeler)	EYE 105A, EYE 105B, or EYE 403 (Participant Choice)	EYE 106A, EYE 106B, or EYE 404 (Participant Choice)	Chair Yoga (Crockett Peeler) 0	Dinner (Crockett Peeler)	Daily Checkout	Optional Activities	
Monday, July 16	8:30 AM	9:00-10:00 AM	10:15-11:15 AM	11:30 AM- 12:30 PM	1:00-2:15 PM	2:45 PM	3:15-4:15 PM	4:30-5:15 PM	5:30-6:30 PM	6:30-10:00 PM
	Depart for NCSU (Western Blvd. Bus Stop)	EYE 200 (NCSU Student Health Room 2301)  EYE 501 (career track only. RLCB.)	EYE 201 (NCSU Student Health Room 2301)  EYE 501 (career track only. RLCB.)	Lunch (NCSU Dining Hall)	EYE 300 (NCSU Student Health Services Room 2301)  EYE 502 (career track only.	Depart for GMS (Carmichae l Gym Bus Stop)	Break! Written Reflection 1.	Dinner (GMS Dining Hall)	Daily Checkout	Optional Activities

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Tuesday, July 17	9:00-10:00 AM	10:15-11:15 AM	11:30 AM- 12:15 PM	12:30 PM	1:00-2:00 PM	2:15-3:45 Pm	4:00 PM	4:30-5:15 PM	5:30-6:30 PM	6:30-10:00 PM
	EYE 107A or EYE 107B (Participant Choice)  EYE 502 (career track only. RLCB)	EYE 108A or EYE 108B (Participant Choice)  EYE 503 (career track only. RLCB.)	Lunch (GMS Dining Hall)	Depart for NCSU (Western Blvd. Bus Stop)	EYE 202 (Student Health 2301)  EYE 503 (career track only. RLCB)	EYE 300 (Student Health 2301)  EYE 504 (career track only. RLCB)	Depart for GMS (Carmichae l Gym Bus Stop)	Dinner (GMS Dining Hall)	Daily Checkout	Optional Activities
Wednesda y, July 18	8:45-10:00 AM	10:00 - 11:15 AM	11:30 AM- 12:15 PM	12:30-1:30 PM	1:45-3:00 PM	3:15-4:15 PM	4:30-5:15 PM	5:30-6:30 PM	6:30-10:00 PM	
	EYE 109B Groups A & B. EYE 109A Groups C & D  EYE 600 (career track only)	EYE 109B Groups C & D. EYE 109A A & B  EYE 600 (career track only)	Lunch (GMS Dining Hall)	Groups Meet. Prepare for Thursday and Friday.  EYE 601 (career track only)	EYE 300 (Crockett Peeler)  EYE 601 (career track only)	Break! Written Reflection 2.  EYE 601 (career track only)	Dinner (GMS Dining Hall)	Daily Checkout	Optional Activities	
Thursday, July 19	8:30-8:45 AM	9:15-10:15 AM	11:00-12:15 PM	12:30-1:30 PM	1:40-3:00 PM	4:30-5:15 PM	5:30-6:30 PM	6:30-10:00 PM		
	Group Photo with College Prep (Lineberry Hall)	Depart for NCSU. See assigned travel groups.  EYE 602 (career track only)	EYE 300 Final Exam (NCSU Student Health Room 2301)  EYE 602 (career track only)	Lunch (NCSU Campus)  EYE 602 (career track only)	Depart for GMS. See assigned travel groups.  EYE 602 (career track only)	Dinner (GMS Dining Hall)	Daily Checkout	Optional Activities		
Friday, July 20	8:45-9:45 AM	10:00-11:15 AM	11:30-12:15 PM	12:30-10:00 PM						
	EYE 300 Final Project	All participant meet with	Lunch (GMS Dining	EYE 400						

	<b>Oral Reports. Plan for EYE 400.</b>	<b>their mentor for final evaluations</b>	<b>Hall)</b>							
<b>Saturday, July 21</b>	<b>8:00 AM - 9:30 AM</b>	<b>9:30-11:30 AM</b>	<b>11:30-12:30 PM</b>	<b>12:30-4:00 PM</b>	<b>4:30-5:30 PM</b>					
	<b>Checkout for Participants and Staff</b>	<b>EYE Retreat Board of Directors meeting (Crockett Peeler)</b>	<b>Lunch (Crockett Peeler)</b>	<b>Checkout for Participants and Staff</b>	<b>Dinner (Crockett Peeler)</b>					
<b>Sunday, July 22</b>	<b>11:00 AM</b>									
	<b>EYE Retreat 2018 Concludes!</b>									

**"I retreat from no challenge!"**

**We look forward to our collective confronting of our shared and unique challenges this summer.**